



DR. ELENI SOLOS-KOUNTOURIS, P.C.
ELENI SOLOS-KOUNTOURIS, M.D., F.A.C.O.G.

Grand Centreville Plaza
13880 Braddock Road, Suite 307
Centreville, VA 20121
Tel.: (703) 378-8994
Fax: (703) 378-7911

“Providing high quality healthcare for all stages in a woman’s life”

ALPHA FETAL PROTEIN TEST (AFP)

We recommend that all our patients undergo a blood test at 16-20 weeks called AFP. It is performed at the lab where your blood is obtained. Four hormones and proteins are measured in your blood. These include: alpha fetal protein, bhcg, estriol, and inhibin. This test is dependent on age, race, singleton versus multiple pregnancy, and amongst others, gestational age, and weight.

Based on the results, the fetus is classified as being at low or high risk for chromosomal abnormalities, such as Down’s Syndrome or Trisomy 13. It may also detect neural tube defects such as anencephaly (no fetal head), and myelocele or meningomyelocele (open neural tube). It can also be abnormal in other conditions such as: sacrococcygeal tumor, skin disorders, and poor prenatal outcome.

It is a screening test. A negative screening result does not ensure that the child will not have a birth defect. Conversely, an abnormal result does not mean that the fetus has a problem but rather that it has a level of risk sufficient to warrant further investigation in the form of ultrasound and amniocentesis.

I have read and understand the above.

I want the AFP test done _____ date _____

I do not want the AFP done _____ date _____

I have not decided yet _____ date _____

Print Name: _____

Signature: _____